

OUR LADY HELP OF CHRISTIANS FARNBOROUGH



A PARISH OF THE CATHOLIC DIOCESE OF PORTSMOUTH
IN THE CARE OF THE SALESIANS OF DON BOSCO



Parish Priest: Fr. Michael Hynes SDB

Parish Deacon: Rev. Paul Page-Tickell

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The Catholic Diocese of Portsmouth is a registered Charity: Number 1199568

Dear Parishioners, friends, and visitors to Our Lady Help of Christians. If you are new to the parish, please say hello and do introduce yourself to a member of the clergy. You are most welcome here. Everyone is invited to the Church Hall for tea/coffee after the Sunday 9:30 am Mass.

Please pray for all those who are sick and housebound in our Parish. If there is someone you know who would like us to pray for by name, please keep the Parish Office informed as soon as possible.

MASS INTENTIONS AND MASS TIMINGS

Saturday 10 th February	10:00am	Weekday Mass Sacrament of Reconciliation	Saturday 17 th February	10:00am	Weekday Mass Sacrament of Reconciliation
SIXTH SUNDAY IN ORDINARY TIME	5:00pm	Lucy Hodgetts intention	FIRST SUNDAY OF LENT	5:00pm	Elizabeth Taylor RIP
Sunday 11 th February	9.30am	People of the Parish	Sunday 18 th February	9.30am	People of the Parish
Monday 12 th February	9:30am	Weekday Mass	Monday 19 th February	9:30am	Richard Hodgetts intention
Tuesday 13 th February	9:30am	Weekday Mass	Tuesday 20 th February	9:30am	CWL intentions
BEGINNING OF LENT Wednesday 14 th February ASH WEDNESDAY – Day of Fasting & Abstinence.	9:30am 7:30pm	Morning Mass Evening Mass	Wednesday 21 st February	9:30am	Weekday Mass
Thursday 15 th February	9:30 am 7:30 to 8:30pm	Frank Panther’s intention Adoration with Scripture Readings & Reflection	Thursday 22 nd February	9:30am 7:30pm - 8:30pm	Weekday Mass Adoration with Scripture Readings and Reflection
Friday 16 th February	9:30 am 7:30pm	No Weekday Mass STATIONS OF THE CROSS	Friday 23 rd February	7:30pm	Weekday Mass STATIONS OF THE CROSS followed by Frugal Supper in Church Hall.

Lent is a time when we make space to pray, read the Bible and reflect on God's love. Prayer is an important part of Lent, as it is the main source of communication with God. As you meditate on the sacrifice of Jesus, these prayers for lent will help you verbalise your faith. To help there are a few websites you may wish to visit.

- [DynamicCatholic.com](https://www.dynamiccatholic.com) - At Dynamic Catholic, they are passionate about energizing Catholics and our parishes. Best Lent Ever is one of their most popular free programs. The program will feature short daily videos that will take you through Matthew Kelly's book *Perfectly Yourself* chapter by chapter. Visit [DynamicCatholic.com/BestLentEver](https://www.dynamiccatholic.com/BestLentEver) to register and learn more.
- [Christian.art](https://www.christianart.org) - Christian Art offers a unique approach to daily Gospel readings. Each day, they select a work of art relevant to the day's scripture passage and offer a short reflection on the two.
- **Ascension App** - Read the Daily Mass Readings every day and watch a 2-minute reflection on those readings. Available free on this App.

WORD FOR TODAY: God's greatest desire is for us to be healthy, whole, connected to him and to each other. When Jesus cures the leper, he brings him back literally within the community again by restoring him to his family and friends. At the Eucharist we eat and drink that gift of health and wholeness and are renewed by the body and blood of Christ as we join in the community's prayer of praise and thanksgiving.

DATES TO REMEMBER

Saturday 17th February – CWL is holding a [Cheese & Wine evening](#) from 6 pm onwards. All proceeds to charity. (details on the Parish noticeboard).

Friday 23rd February – **CAFOD Lent Fast Day:** Frugal Supper (8pm after Stations of the Cross). When we eat simply and give generously, we help families around the world to cope and fight the effects of the climate crisis. You can donate in church by using a CAFOD envelope or CAFOD's website cafod.org.uk/give.

Saturday 24th February - ADoRE spiritual mini-retreat: Timings 10.00-1.00 "I have chosen you - trusting God's promises." Including Mass, Adoration, Praise, Prayer for the gifts of the Holy Spirit and inspiring guest speaker **Mary Hirst**. Please register for the Zoom meeting in advance at bit.ly/ADOREFEB2024 More information at www.altonrenewal.com

Sunday, 25th February – Parish meeting at 2 pm in our Church Hall

The meeting is an opportunity for you to share your ideas about our future. What type of Parish are we? What type of Parish should we be? How can we reach out to all members of our Parish Family to make them feel welcome? How can we make our Parish a place where everyone can grow in their faith and understanding of God's love. This is Your Parish, Your Community, please come and join the discussion.

Saturday, 23rd & Sunday, 24th March 2024: The Bethlehem Nativity Group will be visiting our Church to sell Olive Wood Carvings, including Holy Oil, Holy Water from River Jordan, Anointing Fragrance Oil and much more from the Holy Land before and after Mass. Please support the Christian community in Bethlehem who will be very grateful and most appreciated.

Saturday, 4th May - Training Day for Extraordinary Ministers of Holy Communion: The day will run from 9.30am to 2.30pm at St Bede's Church and Hall, Basingstoke and will include some light refreshment. If you are a Eucharistic Minister or thinking of becoming one, this is the course for you. Please enrol now by emailing liturgy@portsmouthdiocese.org.uk

FACEBOOK: Please visit our Parish **Facebook** page if you are able. It is one way to hear God's word and a special invitation to come to Mass, Reconciliation, Adoration, and any social events in the Parish. During Lent there will be daily Reflections which will help deepen your relationship with the Lord.

DONATIONS TO THE PARISH

Please use the Parish Sort Code 30-93-04 and Account Number: 00877868 (Name: CDP FARNBOROUGH OL HELP OF CHRISTIANS. Any queries please email: accounts@olhcfarnborough.org.uk.

GOD BLESS YOU ALL